

Wellness and Safety Committee Meeting- **Minutes**

April 28, 2021, 5:00-6:00 p.m.

Old Quarry LRC

In attendance: Jamie Johnson, Whitney Wilda, parents; Bethany Martino, Kevin Collins, Board members; Krystina Borowski, staff members; Anthony McConnell, Steve Davis, Kate Kwazny, Joe Sweeney, Ryan Talaga, Susan Wulczyn, administrators.

- A. Call to Order- The meeting was called to order at 5:03.
- B. Pledge of Allegiance
- C. Review and Approval of [Minutes](#) from the March 24, 2021 Meeting- approved as written
- D. Comments from Audience
- E. Safety action items
 - a. Updated online safety measures- Dr. Mc Connell reviewed the District's response to the Student Online Privacy Protection Act (SOPPA). Measures include training staff, identifying digital tools that are in compliance, listing the tools we use on our website, and developing a process for assessing compliance and approving the use of digital tools going forward.
 - b. Steve Davis shared that the District is exploring new protections for student computers. Deledao is a digital wellness company that filters online content including real time blurring of inappropriate images, and Gaggle scans Google Docs for suspicious content related to self-harm, pornography, etc. It provides 24/7 monitoring and protects student privacy from third parties.
 - c. Questions and other items from members
- F. Wellness Plan for 2021-2024
 - a. CPR training for staff- Jamie Johnson and Ryan Talaga presented a potential timeline for implementation of Emergency Response Teams at each school. It includes identification of committee members and staff, CPR train-the-trainer (recommend Ryan Talaga and at least one other person @ \$350-450 per person), and turnkey training of interested staff members over the first year. We discussed the possibility of participating in American Heart Association activities making us eligible to receive grant money for dummies to support the program. Ryan Talaga will lead this effort for the District.
 - b. App's for staff wellness- Krystina Borowski shared research pertaining to Calm and Headspace. Headspace is available free to educators and its features will be compared with Calm. "My Llife" offers a free lifetime membership for teachers. An interest survey to assess potential use of a wellness app will determine our direction.
 - c. The Three-Year Action Plan embedded in our [Wellness plan 2021-2024](#) was amended by committee input.
 - d. Questions and other items from members
- G. Future Planning

H. Adjournment- The meeting was adjourned at 5:47.

