

Wellness and Safety Committee Meeting

December 19, 2018

5:00-6:00 p.m.

Old Quarry Conference room

Agenda

- A. Call to Order
- B. Pledge of Allegiance
- C. Review and Approval of [Minutes](#) from the September 19, 2018 Meeting
- D. Comments from Audience
- E. Safety action items (20 minutes)
 - a. Presentation by Adrienne Landgrave- Sandy Hook Promise
 - b. Questions and other Items from Members
- F. Wellness Action Plan Items for 2018-2019 (20 minutes)
 - a. Review of [positive sleep and eating habits](#) as shared by our group members
 - b. Wellness Policy workshop update- S. Wulczyn
 - c. Spring staff wellness activity- who would like to help sponsor this?
 - d. Update on District Wellness Plan evaluation
- G. Reminder about the next meeting- March 20 at 5 PM
- H. Adjournment

