

Wellness and Safety Committee Meeting

April 18, 2018

5:00 p.m.

Old Quarry LRC Innovation Lab

Agenda

- A. Call to Order
- B. Pledge of Allegiance
- C. Introduction of new members
- D. Review and Approval of [Minutes](#) from the March 5, 2018 Meeting
- E. Comments from Audience
- F. Wellness Action Plan Items for 2017-2018
 - a. Support staff wellness efforts through healthy lifestyle groups, staff exercise classes, and the like- update on Wellness Bingo.
 - b. Revisit survey results and plan for implementation of staff wellness activity
 - c. Implement K-5 Family Fitness Night - report on success
 - d. Conduct 3-year Wellness Policy/Plan evaluation.
 - i. Report from Board policy committee
 - ii. Review [draft 3-year Wellness Plan](#)
 - e. Encourage nutritious choices at lunch through lunchroom activities
 - i. Follow up on "Food Committee" activities
- G. Safety action items
 - a. Presentation by Adrienne Landgrave- Sandy Hook Promise
 - b. Review of recent updates to District 113A's safety features and procedures
 - c. Amendment to [charge statement](#)
 - d. Discuss inclusion of safety components in the plan vs. maintaining separate goals/plan for safety
- H. Other Items from Members
- I. Adjournment

