

# Wellness and Safety Committee Meeting **Minutes** September 19, 2018

5:00-6:00 p.m. (\*Meeting will adjourn promptly at 6pm.)

## Old Quarry Conference room

**In attendance:** Monica Conway, Scott Stubenrauch, Natalie Schrimpl, Parents; Kevin Collins and Bethany Martino, Board members; Courtney Orzel, Superintendent; Laurel Hanson, Chartwells; Maggi Burkhardt, Pat Crean, Shirley Kleehammer, Katie Krop, Debby Lynch, and Susan Wulczyn, staff members

## Agenda

- A. Call to Order at 5:03 PM
- B. Pledge of Allegiance
- C. Introduction of new members
- D. Review and Approval of [Minutes](#) from the April 18, 2018 Meeting- approved as written
- E. Comments from Audience
- F. Wellness Action Plan Items for 2018-2019 (20 minutes)
  - a. Support staff wellness efforts through offering at least one healthy lifestyle group, staff exercise class, or other. This will be a priority this year.
  - b. Continue the use of brain breaks and physical activity at all levels- Joe Tomesak was not present to report out.
  - c. Update on District Wellness Plan evaluation- postponed until the next meeting
  - d. Implement K-5 Family Fitness Night - PTO was not present.
  - e. Promote increased opportunities for non-competitive extra-curricular activities at OQ- update from S. Kleehammer - there are 25 clubs at RV/OW and 45 at OQ; many are non-competitive such as Yoga and Kindness Clubs
  - f. Encourage nutritious choices at lunch through lunchroom activities- update from L. Hanson
    - i. healthy snacks are being served in the Early Childhood classrooms as part of the PFA grant
    - ii. Chartwells supported Grandparent Bingo with Smart snack portioned ice cream
    - iii. A new program is certifying employees in awareness of allergies and celiac disease
    - iv. may conduct a 9-question survey- more to come
  - g. Conduct a Wellness Fair- September 8, 2018 in conjunction with the OQ PTO-sponsored Color Run- update from S. Wulczyn- successful showing with eight vendors
  - h. Scott Stubenrauch suggested that “work-life balance” is added to our objectives; he will offer resources and Monica Conway will supply posters emphasizing the importance of sleep
- G. Safety action items (20 minutes)

- a. Presentation by Adrienne Landgrave- Sandy Hook Promise- postponed until the next meeting
  - b. Review recommendations regarding safety and security in SD113A
    - i. Reviewed the efforts of the Strategic Planning committee on enhancing safety
      - 1. hiring of two additional social workers at K-5
      - 2. additional safety measures in schools- tamper-resistant film on windows, cameras inside and out, locked doors at OQ, possible installation of a fence around the RV/OW perimeter
      - 3. Administration will attend ALICE training
      - 4. Administration will attend simulated intruder incident at COD
      - 5. Investigating options of programs to address panic buttons in classrooms
      - 6. LPD has observed our drills using the new cameras and is now walking through buildings regularly
      - 7. New cameras for buses (back of bus, stop arm)
    - ii. A doorbell be added at Door 7 for safety at OQMS
    - iii. Ms. Hanson asked about the requirement for students to carry ID consistently
  - c. Other Items from Members
- H. Recommendation for subsequent meetings- December 19 and March 20 at 5 PM; others as required- (5 minutes)- approved
- I. Adjournment- Meeting was adjourned at 5:48.

