

Wellness and Safety Committee Meeting **Minutes**

December 19, 2018

5:00-6:00 p.m.

Old Quarry Conference room

In attendance: Natalie Schrimpl, Whitney Wilda, Parents; Kevin Collins and Bethany Martino, Board members; Courtney Orzel, Superintendent; Maggi Burkhardt, Pat Crean, Adrienne Landgrave, Debby Lynch, Becca Taylor, Joe Tomasik, and Susan Wulczyn, staff members

Agenda

- A. Call to Order- at 5:02 PM
- B. Pledge of Allegiance
- C. Review and Approval of [Minutes](#) from the September 19, 2018 Meeting- approved as submitted
- D. Comments from Audience- none
- E. Safety action items (20 minutes)
 - a. Presentation by Adrienne Landgrave- Sandy Hook Promise
 - i. Newtown is not unlike Lemont
 - ii. Discussed how students should treat each other and warning signs to which adults should attend
 - iii. Reviewed Oakwood's steps- start with Hello, Eve the comfort dog
 - b. Questions and other Items from Members
 - i. Ideas for RV- possible comfort dog; Ms. Landgrave will work with the RV social worker
 - ii. Parent asked about a Buddy Bench- one exists at RV and there's a possibility one will be included at Oakwood through a grant
 - iii. Principals at RV and OW have met with a horse trainer to gather information about a reading program using horses
 - iv. OQ has offered Rachel's Challenge to increase awareness of the need for connection
 - c. Update on Safety and Security
 - i. Interior and exterior cameras at each entrance, a 2-buzzer system for entrance at each school, and locked interior hallway doors at OQ have been installed.
 - ii. Meetings with the LPD and LFD with further discussion of reunification and emergency kits
 - iii. Prevention- hired two additional social workers; Raptor used at each school office
 - iv. Alert- installing panic buttons on each phone
 - v. Respond- Navigate Prepared used for access to critical information
 - vi. Communicate- Skylert system
 - vii. ALICE training - district team attended. The importance of balancing middle school with primary needs was emphasized.
 - 1. A Board member asked if a mini- ALICE training could be provided to staff members. Another Board member pointed out how

important it will be to collaborate with the staff going forward and that the complexities of managing the needs of all age groups warrants a measured implementation process over several years

- F. Wellness Action Plan Items for 2018-2019 (20 minutes)
 - a. Review of [positive sleep and eating habits](#) as shared by our group members
 - i. Information has been shared with the OQ health teacher for inclusion in the curriculum
 - b. Wellness Policy workshop update- S. Wulczyn
 - i. While we are positioned well in comparison to some other districts, we can always improve. Further ideas will be discussed at the next meeting.
 - c. Spring staff wellness activity- who would like to help sponsor this?
 - i. Joe T agreed to work with the insurance committee on a staff activity this spring
 - d. Update on District Wellness Plan evaluation- Mr. Molitor (Policy Committee chairperson) is using the Wellsat 3.0 tool to determine what minor tweaks to our policy will improve our score. This will be reviewed at our next meeting.
- G. Reminder about the next meeting- March 20 at 5 PM
- H. Adjournment- at 6:03

