

Lemont-Bromberek Combined School District 113A

Wellness Committee Meeting
Minutes for November 17, 2009
4:00 p.m.
River Valley 4th Grade Pod

Committee Members Present: Kathy DeMari
Jeanne Duffy
Debbie Dvorak
Melanie Earnest
Mary Gricus
Jill Maduros
Bev O'Rozco
Gina Rodewald
Teresa Wise
Lisa Wright

Meeting began at 4:06 p.m.

A. Wellness Plan Evaluation

Committee members continued to assess and record the district's progress in three areas of wellness planning in the *Action for Healthy Kids* Wellness Policy Tracker: 1) nutrition standards for all foods; 2) school meals program; and 3) other school based activities. Committee members will gather more information from their colleagues so that the evaluation can be completed at the December committee meeting.

B. Update Wellness Plan for 2009-2012

Committee members reviewed the ratings of the current Wellness Plan components that were recorded by Wellness Committee members during and since the last meeting. Most of the goals will be included in the updated 3-year plan; some goals were modified or eliminated if they were completed in their entirety. Using the goals and the district's budget parameters as a framework, the committee members brainstormed activities for the next three years. Dr. Gricus will transfer the results of the brainstorm activity to the 3-year plan format. The committee will review and finalize the draft plan at the December committee meeting. The updated plan will be presented to the Board of Education in January or February of 2010.

C. Wellness Fair Preview

Jill Maduros, one of the former chairs of the Wellness Fair, explained the challenges of organizing a wellness fair for this school year. Jill asked about the expectations of the Wellness Committee and district regarding a district-wide fair. Dr. Gricus and committee member Lisa Wright explained that the mandate and board policies are general; there is no specific requirement related to wellness fairs. Some committee members suggested that a fair may be too ambitious of a project for this year for several reasons (e.g., limited budget, the new PTAs are establishing their procedures and funding sources). Jill noted that she would relate the information that she learned from the committee to the building PTAs. She will share the final decision about the wellness fair with the committee at the December meeting.

Meeting ended at 5:30 p.m.