

Lemont-Bromberek Combined School District 113A

Wellness Committee Meeting

Minutes for February 23, 2010

Committee Members Present: Kathy DeMari Bev O'Rozco
 Debby Dvorak Joanne Mitchell
 Melanie Earnest Michelle Rakoczy
 Mary Gricus Gina Rodewald

Meeting began at 4:05 p.m. in the River Valley 4th Grade Pod.

A. **Wellness Plan for 2011-2012**

The committee members reviewed several wellness activities that will be taking place in their schools during the last three months of the school year. Dr. Gricus reminded committee members to share the updated 3-year plan with the faculty in their schools. Dr. Gricus noted that the updated plan is posted on the website for parents and community members to review.

B. **Data from Benchmark Districts**

Committee members decided to collect information about food restrictions for snacks, parties, fundraising and extracurricular activities from our benchmark districts. Committee members volunteered to contact districts over the next few weeks and all will share the results of the surveys at a future wellness committee meeting.

C. **Process and Survey Regarding Feedback about the Approved Food Lists**

The committee members developed a draft of the survey that will seek feedback from staff and parents regarding the approved food lists for snacks and birthdays/celebrations. The draft survey will be sent to committee members who were not able to attend today's meeting so that they have the opportunity to review and make suggestions for the survey. Dr. Gricus explained that the principals will send an e-mail blast about the survey to parents and staff the week after spring break. The survey will be posted on the website from approximately April 7th through April 20th so that the committee has adequate time to analyze the feedback before the end of the school year.

Next Committee Meeting: April 27, 2010

Meeting ended at 5:20 p.m.