

Wellness Committee Meeting
December 7, 2009
River Valley 4th Grade Pod
4:00 p.m.



Agenda

A. Wellness Plan Evaluation

- ✓ use Action for Healthy Kids evaluation tool
- ✓ add data/information and activities from schools

B. Wellness Plan for 2009-2012

- ✓ review updated plan
- ✓ confirm 3-year timeline for activities; add activities per building research
- ✓ plan building level implementation for 2009-2010
- ✓ plan presentation to Board of Education in **January or February (tentative)**
 - volunteers to develop Power Point presentation: dates
 - volunteers to participate in presentation

C. Wellness Fair Update

D. Feedback from PTA, Nurses and Principals: Implementation of Approved Food Lists for K-5 Classroom Parties (Halloween)

E. Other Items from Members

Next Committee Meeting: January 25th
Board Presentation-Updated Plan: January or February, 2010 (tentative)