

2011 LADY WARRIORS VOLLEYBALL INFORMATION

PRACTICE & MATCH SCHEDULE

- ✓ Practices are held after school daily 2:30-4:00 pm in the Old Quarry main gym. All practice/match times are subject to change.
- ✓ The volleyball season will consist of ten conference matches. Home matches are held in the main gym. 8th grade will participate in the conference tournament at the end of the season. And both levels will compete in the Land of Lincoln tournament at the Great Lakes Center in Aurora. More information will be provided about the tournaments as the dates approach.
- ✓ Matches will start at approximately 4:15 p.m., but may vary due to bus service, etc.

PRACTICE CONFLICTS

- ✓ Each player is expected to be at practice daily, unless absent from school or excused by one of the coaches. Three unexcused absences could result in loss of playing time or removal from the team.
- ✓ All conflicts must be communicated to a coach prior to the day of practice/match in which your child will be absent via a note, e-mail or phone call.
- ✓ Any problems should be directed to the appropriate coach as soon as possible.

ELIGIBILITY

- ✓ All players please make sure to check with the school nurse to see that a current physical is on file. If you do not have one on file you will be unable to practice until a physical is on file. **Forms will be provided.**
- ✓ Students are required to remain eligible throughout their season. If your grades or behavior are unsatisfactory both you and your parent/guardian will be notified.

PLAYING TIME

- ✓ Playing time will be based not only on ability level but attendance at practices, attitude and game/match circumstances. Each coach will make every attempt to get all players into each match. And as the coaches, we reserve the right to make decisions in the best interest of the team. Any disputes about playing time need to be addressed to the specific coach immediately.

EQUIPMENT

- ✓ Practice attire is shoes, t-shirt, shorts, and knee pads. Gym uniforms are acceptable. The school will supply each player with a uniform top. Each girl will need to purchase their own bottoms. The girls have decided to go with solid black bottoms.
- ✓ Uniforms must be returned in at the end of the season. If not, there will be a charge to replace it.

TRANSPORTATION

- ✓ District buses will be used for all away matches.