

Wellness Committee Meeting

February 20, 2014

4:00 – 5:30 p.m.

River Valley LRC

Agenda

- A. Review and Approval of Minutes from December 4, 2013, Meeting
- B. Review and Planning: Wellness Committee Action Plan Activities 2013-2014
 - Winter and spring staff walks
 - Movement breaks in the classroom: Resources and staff training
 - Possible park district membership discount and/or walking track option for full-time employees
- C. PTO Wellness Update
- D. Other Items from Members

Next Committee Meeting: April 10, 2014

