

Wellness Committee Meeting

December 4, 2013

4:00 – 5:30 p.m.

River Valley LRC

Agenda

- A. Review and Approval of Minutes from October 16, 2013, Meeting
- B. Review and Planning: Wellness Committee Action Plan Activities 2013-2014
 - Seasonal staff walk in October
 - Next staff walk
 - Movement breaks in the classroom: Resources and staff training
 - Possible park district walking track option
- C. PTO Wellness Update
- D. Other Items from Members

Next Committee Meeting: February 20, 2014

