

**Wellness Committee Meeting
Minutes: February 21, 2013
River Valley Room 15**

unofficial

Members Present:

Peggy Collins

Mary Gricus

Joanne Mitchell

The meeting began at 4:03 p.m.

A. Public Comments

None

B. Review and Approval of Minutes from January 10, 2013, Meeting

Joanne Mitchell made a motion, seconded by Peggy Collins, to approve the minutes as presented. By a voice vote of “aye/nay,” all committee members concurred with the approval of the minutes. The motion passed.

C. January 31st Wellness Institute Review

The committee members reviewed the staff feedback from the January 31st institute and noted that the feedback was generally positive. A couple of sessions received relatively lower scores when compared to the majority of the sessions. The committee members discussed the possibility of conducting a staff survey to confirm the value of the wellness institute for the future.

Suggestions included offering the institute every 3 years instead of every 2, and inviting more staff members to participate in the planning of the institute as it is a big undertaking for a small number of committee members.

D. Action Plan Tasks for Remainder of Year

The committee reviewed the remaining tasks in the 2012-2013 Wellness Action Plan. Mary Gricus noted that she will post the Wellness Plan evaluation results on the website for parent, staff and community feedback. Committee members observed that the other activities listed in the action plan are underway or will be addressed after the April committee meeting.

Peggy Collins made a motion to adjourn. Motion was seconded by Joanne Mitchell. By voice vote of “aye/nay,” committee members approved the motion. The meeting adjourned at 4:34 p.m.

