

# Wellness Committee Meeting

October 18, 2016

3:45 p.m.

River Valley LRC\*

## Agenda

- A. Review and Approval of Minutes from March 10, 2016, Meeting
- B. Comments from Audience
- C. Introduction of New Members
- D. Wellness Action Plan for 2016-2017
  - Food Service Bid Activities      Guest: Barbara Germany, CSBO
  - Other Action Plan Items
- E. Follow-up from 2015-2016 Discussions
  - Joint Wellness Event with Lemont High School or Park District (Cathy Slee)
  - Staff Use of Old Quarry Middle School Fitness Center (Mary Gricus)
  - Connection with New Fitness Center in Lemont (Denise Ciciura)
- F. PTO Wellness Update
- G. Other Items from Members
- H. Adjournment

\*Office Conference Room may be alternate location for meeting if LRC is in use.

