

Wellness Committee Meeting

March 10, 2016

3:45 p.m.

River Valley LRC*

Agenda

- A. Review and Approval of Minutes from January 13, 2016, Meeting
- B. Comments from Audience
- C. Wellness Action Plan for 2015-2016: Follow-Up from January 13th Meeting
 - Joint Wellness Event with Lemont High School or Park District (Cathy Slee)
 - Staff Use of Old Quarry Middle School Fitness Center (Mary Gricus)
 - Fitness Activities for District 113A Staff (Denise Ciciura)
 - Middle School Fitness Events (Peggy Knight)
- D. PTO Wellness Update
- E. Preview of 2016-2017 Wellness Action Plan
- F. Other Items from Members
- G. Adjournment

***Office Conference Room may be alternate location for meeting if LRC is in use.**

