

# Wellness Committee Meeting

January 24, 2017

3:45 p.m.

River Valley LRC\*

## Agenda

- A. Call to Order
- B. Pledge of Allegiance
- C. Review and Approval of Minutes from October 18, 2016, Meeting
- D. Comments from Audience
- E. Wellness Action Plan for 2016-2017
  - Food Service Bid Survey Timeline
  - Physical Breaks during Instructional Day
  - Staff Survey about District-wide Staff Fitness or Athletic Event/s
- F. Follow-up from 2015-2016 Discussions
  - Joint Wellness Event with Lemont High School or Park District (Cathy Slee)
- G. PTO Wellness Update
- H. Other Items from Members
- I. Adjournment

\*Office Conference Room may be alternate location for meeting if LRC is in use.

