

Wellness Committee Meeting

January 13, 2016

3:45 – 5:30 p.m.

River Valley LRC

Agenda

- A. Review and Approval of Minutes from October 22, 2015, Meeting
- B. Comments from Audience
- C. Wellness Action Plan for 2015-2016: Follow-Up from October 22nd Meeting
 - Joint Wellness Event with Lemont High School (Cathy Slee)
 - Staff Use of Old Quarry Middle School Fitness Center (Mary Gricus)
 - Park District Staff Leading Fitness Class for District 113A Staff (Denise Ciciura)
 - Middle School Fitness Event (Peggy Knight)
- D. PTO Wellness Update
- E. Other Items from Members
- F. Adjournment

